



Dear Readers,

Thank you for joining us this month. With the election already taking place and November 3 around the corner, it feels as though the entire nation is holding its breath. No matter who wins, the health and healthcare of this nation is still at stake with COVID racing through many areas. This is why I bring attention to Randy Cohen's amazing [blog post at American for the Arts](#) where he states,

that when the arts are part of our healthcare experience, we have shorter hospital stays, less depression, and take less medication—all of which adds up to reduced healthcare costs. In recent years, there has been a growing understanding of the benefits, and prevalence, of arts in healthcare programs. When hospital administrators were asked, “Why the arts,” chief among the responses were that they aid in the mental and emotional recovery of patients (80%) as well as their physical recovery (41%). Many programs extend beyond the patients in order to strengthen the entire healing system: 80% of programs serve patients directly, 58% include the patient’s family, and 42% are for staff to help them deal with the stress of working in the healthcare environment. With these (and many more) benefits, it is no wonder that 68% of Americans agree that the arts improve health.

Thanks so much and, if you like what you read, please forward to friends and they can subscribe online!

Victoria Larson

Art for All at New Jersey’s Grounds for Sculpture

By Linda Cabasin

The beautifully landscaped 42 acres of the Grounds for Sculpture provide an inviting setting year-round for almost 300 contemporary sculptures, but this wasn't always the case. Located in Hamilton near Trenton in central New Jersey, the museum, sculpture garden, and arboretum opened in 1992 with a modest 15 sculptures on a formerly derelict 15-acre site. [Read on](#)



For the Love of Norway: Vesterheim

By Cynthia Elyce Rubin

Vesterheim, the National Norwegian-American Museum and Heritage Center, in Bluff County of Northeast Iowa at Decorah, explores the immigrant experience and keeps alive Norwegian folk-art traditions. [Read on](#)



Epic Orozco Murals at Dartmouth College

By Stillman Rogers

A college library in New Hampshire is an unlikely place to look for a major body of work by one of the 20th-century's most renowned muralists. That the murals are in New Hampshire is surprising enough, but even more surprising is their message -- one that was not generally popular at the time they were painted. [Read on](#)



A New Kind of “Museum” on Fifth Avenue is the Space for Ideas

By Victoria Larson

There is a new kid on the block, so to speak, of New York City's Museum Mile that stretches down Fifth Avenue from 110th to 82nd street. Ten Fourteen (1014), the Space for Ideas, has joined the illustrious grouping of esteemed museums. [Read on](#)



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